



DAILY SPECIALS

Tuesday

Hamburger	\$6.00
Cheeseburger	\$5.50
MRSS Burger	\$5.50

Wednesday

Wednesday Wedges (sour cream & sweet chilli)	\$5.50
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Thursday

Poki Sushi Bowl	\$6.50
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HOMEMADE MEALS

Spaghetti lasagne	\$6.00
Butter Chicken	\$6.00
Fried Rice G/F	\$6.00
Chicken Pasta Bake	\$6.00

BREAKFAST

Toast with Butter	\$1.50
Toast with Vegemite	\$1.50
Cheese and Bacon Bun	\$2.50
Fruit Cup	\$2.50
Milo Hot/Cold	\$2.00

MEAL DEALS

Everyday Meal Deal

\$9.50

Sandwich, water or juice, cookie, watermelon wedge and popcorn

Nugget Meal Deal

\$9.50

4x nuggets, mixed veg serve, water or juice, watermelon, popcorn & cookie

EVERYDAY HOT FOOD

Noodle Cups – Beef or Chicken	\$3.50
Corn Cobs	\$2.00
Hot Dog and Sauce (Full)	\$4.00
Hot Dog and Cheese (Full)	\$4.50
Chicken Burger(Full)	\$4.50
Sausage Roll(Full)	\$4.20
Large Pie (Beef)	\$4.50
Small Beef Pie	\$1.50
Large Chicken Pie	\$4.00
Fish Fingers x 4 with carrot sticks	\$4.00
Dino Nuggets x 4 with carrot Sticks	\$4.00
G/F Nuggets. X 4 with Carrot Sticks	\$4.00
Mini Cheese and Spinach Quiche	\$1.50
Pizza Ham and Pineapple	\$3.80
Pizza Meat lovers	\$3.80
Garlic Bread	\$2.60

GREEN – HAVE PLENTY AMBER – SELECT CAREFULLY RED – OCCASIONALLY

Our Tuckshop provides a service to all students & staff on our menu we aim to cater for. All dietary needs as well as providing a wide range of healthy & nutritious foods.

Menu is subject to change. For any special requirements, please speak to our convenor.

Open Tuesday – Friday, 8am–2pm, 1st & 2nd Break.

See Flexischools for menu detail
Order via the app by 8am each morning



S A N D W I C H E S

W H I T E / M G / G F

Vegemite/Cheese/Jam/ Ham	\$3.75
Chicken	\$4.00
Ham and Cheese	\$4.50
Cheese and Tomato	\$4.50
Chicken and Cheese	\$4.50
Egg & Lettuce	\$4.50
Ham Cheese and Tomato	\$5.00
Salad	\$5.50
Ham and Salad	\$6.00
Chicken and Salad	\$6.00

W R A P S

Ham & cheese and Chicken & cheese	\$6.00
Ham and Salad	\$7.00
Chicken and Salad	\$7.00

S N A C K S

Boiled egg	\$1.50
Blue Berry Muffin (homemade)	\$2.00
Banana Muffin (homemade)	\$2.00
Banana Bread (homemade)	\$3.00
Piklets x4 (homemade)	\$2.50
G/F Choc Cake (homemade)	\$3.00
Ice Finger Bun	\$3.00

D R I N K S

Water (600ml)	\$2.00
Breaka - Chocolate (300ml)	\$3.00
Pauls - Chocolate/Strawberry (250ml)	\$2.80
Juice Apple/Orange/ABC	\$2.90
Slushies	\$3.00

F R U I T / M U N C H A N D C R U N C H

Mini Grazing Tray (ham, cheese, kabana jatz, grapes, cucumber, carrot, cherry tomato)	\$6.00
Apple Slinky	\$2.30
Watermelon cup	\$2.50
Cheese Stick	\$1.75

T O A S T I E S

W H I T E / M G / G F / W R A P

Ham	\$4.00
Vegemite	\$3.75
Cheese	\$4.00
Cheese and Tomato	\$4.75
Ham and Cheese	\$4.75
Chicken and Cheese	\$4.75
Ham cheese and tomato	\$5.50

S A L A D S

Chicken and salad	\$7.00
Ham and Salad	\$7.00

E X T R A S

Tomato Sauce	\$0.50
BBQ Sauce	\$0.50
Custard Cup	\$2.50
Custard and fruit	\$3.00
Carrot Stick and Hummus	\$4.00
Cheese Stick	\$1.75
Homemade Cookies x2	\$2.00
Mini Pretzels	\$2.00
Potato Chips	\$2.00

I C E B L O C K S

Zooper Dooper	\$1.00
Assorted Ice blocks	\$1.50
Choc Straw Moosies	\$2.50
Frozen Yoghurt - Strawberry/Mango	\$3.00

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Any concerns or questions please contact the Tuckshop Convenor Amanda Ryan on 0419 620 138
or email canteen.mrss@gmail.com

